

The information in this booklet is correct at the time of publishing. Any updates / amendments to this booklet will be posted on the Swimming Victoria website in the same location this booklet can be found.



Table of Contents

Sec	tion Une: General Information	3
	1.1 Swimming Victoria Competition Staff	3
	1.2 Swimming Victoria Competition Calendar 2019/20	3
Sec	tion Two: Competition Information	4
:	2.1 Competition Details	4
:	2.2 Program of Events - Event Listing	4
:	2.3 Qualifying Times	5
:	2.4 Entry Process	5
:	2.5 Entry Fees	5
:	2.6 Relay Entries	5
:	2.7 International Entries	6
:	2.8 Multi Class Entries	7
:	2.9 Multi Class Results	7
:	2.10 Pre-event Training	7
:	2.11 Warm Up & Competition Times	7
:	2.12 Backstroke Events	8
:	2.13 Team Managers	8
:	2.14 Introductions & Medal Presentations	8
:	2.15 Opening & Closing Ceremony	8
:	2.16 World Para Series & Classification	9
:	2.17 Withdrawals	9
:	2.18 Admission & Ticketing	10
:	2.19 Coaches Seating	10
:	2.20Pool Deck Guidelines - asctaVIC	10
:	2.21 Anti-Doping	10
:	2.22 Technical Officials	10
:	2.23 Venue Information - Melbourne Sports & Aquatic Centre (MSAC)	10
;	2.24 Key Dates	11
Sec	tion Three: Competition Resources	12
:	3.1 Warm Up Procedures	12
:	3.2 Marshalling Procedures & Information	12
:	3.3 Trophies & Awards	12
:	3.4 Swimming Victoria By Laws	14
:	3.5 Safe Sport	14
:	3.6 Swim Costumes	14
:	3.7 Medical Certificates & Taping	14
	3.8 Emergency Contact Information	



Section One: General Information

1.1 Swimming Victoria Competition Staff

NAME	TITLE	EMAIL
Damian Arnold	Events Coordinator	damian.arnold@vic.swimming.org.au
Ashlea Keramidopoulos	Events Coordinator	ashlea.kera@vic.swimming.org.au
General Enquiries	Events	events@vic.swimming.org.au

1.2 Swimming Victoria Competition Calendar 2019/20

DATE	EVENT	LOCATION				
FEBRUARY 2020						
Sat 29 – Sun 1 March	Victorian Sprint Championships	MSAC, Outdoor Pool				
MARCH 2020						
Fri 6 – Mon 9	Victorian Metro Championships	MSAC, Outdoor Pool				
Sat 14 – Sun 15*	Country All Junior Competition	MSAC, Outdoor Pool				
Sat 28 – Sun 29*	Metro All Junior Competition	MSAC, Outdoor Pool				
Sun 29*	Country Interdistrict Competition	MSAC, Outdoor Pool				
APRIL 2020						
Fri 3 – Sun 5	Victorian Development Competition	MSAC, Outdoor Pool				
MAY 2019						
Mon 11	Victorian School Associations Competition	MSAC, Outdoor Pool				
Mon 16	Victorian Relay Competition	MSAC, Indoor Pool				



Section Two: Competition Information

2.1 Competition Details

Friday 14 February – Sunday 16 February 2020

Melbourne Sports & Aquatic Centre, Outdoor Pool

Website: 2020 Victorian Open Championships

This Championship will also incorporate the Melbourne 2020, World Para Swimming World Series.

2.2 Program of Events – Event Listing

64 events conducted over 3 days

Heats & Finals |

Program of Events – Event Listing

All relay events will be swum as Timed Finals in the finals sessions.

The following individual events will also be swum as timed finals with the fastest heat swum in the finals session:

- Event 11 Female 400m Individual Medley
- Event 18 Female 800m Freestyle
- Event 26 Male 800m Freestyle
- Event 45 Male 1500m Freestyle
- Event 57 Male 400m Individual Medley
- Event 62 Female 1500m Freestyle

All other individual events will be swum as Heats and Finals.

B Finals will be conducted for the 50m, 100m and 200m, 400m Free events provided that thirty swimmers contest the heats of that event

The 'B' Final will be held immediately following the 'A' Final of the event. The ten (10) fastest swimmers from all the heats will comprise the A final, those who place 11 to 20 will comprise the B Final and the next two (2) fastest swimmers shall be reserves to replace qualifying swimmers who withdraw from the final.



The two (2) fastest swimmers in the 'B' final shall also be reserves to replace qualifying swimmers who withdraw from the 'A' Final.

The two (2) fastest swimmers outside the A & B Finals shall be reserves to replace swimmers who withdraw from the 'B' Final.

A swimmer **cannot** compete in both the A & B Final.

Where less than thirty (30) swimmers contest the heat of that event, the ten (10) fastest swimmers from all the heats will comprise the final, and the next two (2) fastest swimmers shall be reserves to replace qualifying swimmers who withdraw from the final.

2.3 Qualifying Times

Entry times must have been achieved between 15 February 2019 & 3 February 2020.

The entry time must have been achieved in a long course (50m) pool.

Short course or converted times will **NOT** be accepted.

Multi Class Qualifying Times

Qualifying Times

2.4 Entry Process

All entries into the 2020 Victorian Open Championships are to be completed via Swim Central

Entries Open | Monday 9 December 2019

Entries Close | Monday 3 February 2020 11:59pm

Minimum Age | 12 years as of 14 February 2020

2.5 Entry Fees

Individual Event | \$16

Relay Team Entry | \$46

2.6 Relay Entries

Relay entries close 24 hours after the closing date of individual entries.

Relay entries are to be processed via <u>Meet Manager or Team Manager</u> files and submitted to <u>events@vic.swimming.org.au</u>



Please note:

- Relay teams must be submitted with an entry time that meets the qualifying time
- Clubs will be fined if qualifying times are not reached.
- While clubs are restricted to entering two teams per event, there are no restrictions on the number of relays an individual swimmer can compete in.

Relay Events

Relay team sheets are available from the Meet Supervisor/Technical Director

Relay team sheets must be submitted to the Chief Recorder at least one hour prior to the starting time of the session in which the event is to be swum

Clubs must clearly indicate A or B teams on the team list.

Relay team members need to swim in the order listed on the team sheet.

Mixed 4x50 Relays

4 x 50 Mixed Freestyle and Medley Relays will be held at the start of the finals session on Day 1 and Day 3. Awards, points and entry fees will apply for these events. Mixed relays must be comprised of two male and two female competitors who can swim in any order.

2.7 International Entries

International swimmers can enter via a Team Manager (TM) / Meet Manager (MM) file or with a Hard Copy Entry Form along with proof of entry times.

All entries and requests are to be emailed directly to events@vic.swimming.org.au.

Invoices will be issued, and payment must be made prior to the event. Payment is to be made by credit card at the Swimming Victoria offices. The office is located on Level 2 at MSAC.

Please Note: International swimmers must also have submitted a clearance letter from your swimming federation prior to the competition to Swimming Victoria.

Interstate swimmers no longer require a clearance when entering via the online entry system.



2.8 Multi Class Entries

All MC swimmers must hold a national classification, be listed on the <u>Swimming Australia National Classification Masterlist</u> and present their card to the Technical Director/Referee in Charge prior to their first event; the card is then valid for the rest of the meet. A Provisional Classification is not recognised at any Swimming Victoria competitions unless otherwise specified.

2.9 Multi Class Results

Swimming Victoria will be using Meet Manager to calculate the results. Please also be aware that the 2020 Victorian Open Championships has IPC pre-approval. This is subject to final meet approval by the IPC at the conclusion of the competition.

2.10 Pre-event Training

Swimming Victoria has organised training for clubs who wish to make use of MSAC prior to the competition. Limited lanes are available for use.

DATE	TIME	POOL
Wednesday 12 February	1:00pm - 3:00pm	Indoor Pool
Thursday 13 February	10:00am – 12:00pm	Indoor Pool
Thursday 13 February	3:00pm – 5:00pm	Indoor Pool

2.11 Warm Up & Competition Times

SESSION	HEATS/ FINALS	DATE	WARM UP TIMES	COMPETITION START TIME
1	Heats	Friday 14 February	7:00am	8:30am
2	Finals	Friday 14 February	4:30pm-5:40pm (due to Opening Ceremony)	6:00pm
3	Heats	Saturday 15 February	7:00am	8:30am
4	Finals	Saturday 15 February	4:30pm	6:00pm
5	Heats	Sunday 16 February	7:00am	8:30am
6	Finals	Sunday 16 February	4:30pm	6:00pm

During sessions there will be 14 x 25m lanes in the Indoor Pool available for warm up and cool down



2.12 Backstroke Events

Backstroke ledges will be used at this competition as stated in the Backstroke Ledge Guidelines.

2.13 Team Managers

Team Managers must be nominated by a club representative via the <u>Team Manager Accreditation</u>

<u>Application</u> by the closing date of entries.

Team Manager Accreditation can be collected from the Swimming Victoria office (Level 2, MSAC) from 11:00am on Monday 16 December 2019 prior to the competition <u>OR</u> from the Meet Supervisor on pool deck on the first day of competition only.

Please note: Team Manager Accreditation will **NOT** be provided on competition day if the application has not been completed.

2.14 Introductions & Medal Presentations

- 1. In the finals session, all competitors will be lead onto pool deck prior to being introduced at the starting blocks. There will generally be a presentation of medals for the previous event. The swimmers will then be introduced, prepare to swim and the race will begin.
- 2. At the conclusion of the event, place getters are to remain near the presentation area underneath the scoreboard, dry off and get dressed for presentation of medals. A Presentation Official will be in the area to assist. Do not go for a swim down. Medals will be presented as soon as the following event has been swum.
- 3. Dress requirements for medal presentations are tracksuit (preferably Club or State) or Club or State t-shirt with appropriate tracksuit pants or shorts. Footwear is optional. Towels and/or head wear are not to be worn.
- 4. Swimming Victoria requests the cooperation of all swimmers and coaches in the presentation of medals. Medal presentations will be held as soon as possible after the results have been published. Place getters should proceed directly to the presentation area.

2.15 Opening & Closing Ceremony

Opening Ceremony | Will be held before the finals session on Day 1 Friday 14th February.

Closing Ceremony | Will be held after the finals session on Day 3 Sunday 16th February.



2.16 World Para Series & Classification

Please refer to the World Para Swimming Series Information Booklet & International Classification section on the Competition page.

2.17 Withdrawals

Withdrawals prior to event day can be emailed to events@vic.swimming.org.au

Withdrawals on event day for Heats can be done by letting the marshal know but is not mandatory.

Finals

The following is an extract from the Swimming Victoria By-Law 8 – Competitions & Events 12. Withdrawals:

- 12.1 A Competitor wishing to withdraw from a final in an SV Competition must do so in writing, signed by the Competitor, or their authorised representative, within thirty minutes of the posting of the list of finalists for that event.
- 12.2 Subject to clause 12.3 a Competitor who does not comply with clause 12.1 and who does not compete in the final, shall be deemed a late withdrawal and ineligible to compete in their next individual race at the same SV Competition. If the Competitor is not entered in any subsequent races at that SV Competition, then SV may impose such sanction on the Competitor as SV sees fit.
- 12.3 SV may waive or modify the operation of clause 12.2 where the Competitor demonstrates that the withdrawal or failure to compete was due to: (a) Medical grounds; or (b) Other circumstances beyond the Competitor's control.
- 12.4 A Competitor who is added to an event final following the withdrawal of another Competitor, and who can show that he was unaware of the change may claim hardship.
- 12.5 SV's decision in relation to any request to waive or modify the operation of clause 12.2 is final and cannot be appealed.

Please Note: Emergencies where listed will also need to withdraw from finals if they choose.

Withdrawal forms will be available at the Meet Supervisor/Technical Director desk.

Completed withdrawal forms can only be lodged with the Technical Director.



2.18 Admission & Ticketing

FREE ENTRY to MSAC for swimmers, spectators, coaches and officials.

2.19 Coaches Seating

Limited coaches seating will be available on pool deck. Alternatively, there will be seating allocated in the grandstand for coaches only.

2.20Pool Deck Guidelines – asctaVIC

Swimming Victoria and asctaVIC conduct all meets in accordance with the <u>Pool Deck Code of Behaviour</u>. These guidelines restrict unauthorised access to pool deck at all times throughout the meet. All coaches, support staff, officials and competitors are expected to adhere to these guidelines whilst on pool deck. Coaches MUST display their current ASCTA Coaching Licence and Working with Children Check (WWCC) Cards at all times. Coaches will be asked to leave pool deck if they fail to display their cards.

2.21 Anti-Doping

Swimming Victoria adheres to the Swimming Australia Illicit Drug Policy. Swimming Australia has adopted and implemented an anti-doping policy and rules which conform to the rules established by the World Anti-Doping Authority (WADA), the International Olympic Committee (IOC), FINA and the Australian Sports Anti-Doping Authority (ASADA). An updated list is supplied every 12 months. For further information please visit the Swimming Australia Anti-Doping.

2.22 Technical Officials

Technical Officials are a vital part of every swim meet and are responsible for ensuring that an event is run in accordance with the rules and regulations. We encourage and welcome all officials to officiate at Swimming Victoria competitions. If you would like to officiate at this competition please complete the Online Technical Officials Roster Call.

2.23 Venue Information – Melbourne Sports & Aquatic Centre (MSAC) Travel to MSAC & Parking Information

Spectators | Public restrooms are located at the back of the grandstand.

Athletes | Restrooms & change rooms are located on pool deck adjacent to the pool concourse area.



Lost Property | Swimming Victoria do not collect lost property. Please check with MSAC reception.

2.24 Key Dates

EVENT	DETAILS	DATE PUBLISHED
Entries Open		Monday 9 December 2019
Entries Close		11:59pm Monday 3 February 2020
Relay Entries Close		11:59pm Tuesday 4 February 2020
Psych Sheet	Any changes to incorrect information or entry times are to be emailed to events@vic.swimming.org.au by 10am on Monday 10 February 2020	Wednesday 5 February 2020
Timekeepers Roster	All clubs are encouraged to identify parents who can assist with timekeeping duties for this meet.	Tuesday 11 February 2020
Meet Program		Wednesday 12 February 2019
Results	Results by event will be posted on the walls behind the grandstand following the conclusion of each event. Results will also be available via Meet Mobile throughout the meet	Post event



Section Three: Competition Resources

3.1 Warm Up Procedures

Warm Up Procedures – Swimming Victoria Competitions

3.2 Marshalling Procedures & Information

Marshalling Procedures & Information – Swimming Victoria Competitions

IMPORTANT INFORMATION FOR MC EVENTS

3.3 Trophies & Awards

The following perpetual trophies will be awarded at this meet:

Amy Mott Trophy	Women 4 x 100m Freestyle Relay
Betty Holdsworth Trophy	Women 4 x 200m Freestyle Relay
Charlotte Turner Trophy	Women 4 x 100m Medley Relay
Sam Harris Memorial Shield	Men 4 x 100m Freestyle Relay
Len Blease Shield	Men 4 x 200m Freestyle Relay
Dr John Connell Trophy	Men 4 x 100m Medley Relay
Allen Challenge Trophy	Men 100m Freestyle
Pearson Challenge Shield	Men 400m Freestyle
Pearson Challenge Shield	Men 800m Freestyle

Swimmer of the Meet

Male & Female | Awarded to the male and female that have gained the highest FINA points

Multiclass Swimmer of the Meet

Male & Female | Awarded to the Victorian MC male and female who swim closest to the world record time for their classification.

Victorian Premiership

Combined | Fred Blunt Trophy is awarded to the Club scoring the highest aggregate score in the Victorian Championships

Victorian Premierships



Male & Female | Awarded to the Clubs scoring the highest aggregate points in the Victorian Championships

Recipients of the Swimmer of the Meet Awards must be a registered member of a Victorian Club at the start of the Victorian Championship.

Medal Allocation

Medals awarde	d as per the table below	Open	МС
Freestyle	50m	X	X
	100m	Х	Х
	200m	Х	Х
	400m	Х	Х
	800m	Х	
	1500m	Х	
Backstroke	50m	Х	Х
	100m	Х	Х
	200m	Х	
Breaststroke	50m	Х	Х
	100m	Х	X
	200m	X	
Butterfly	50m	Х	X
	100m	X	X
	200m	Х	
Ind. Medley	200m	Х	X
	400m	X	

Relays

		Open
Freestyle	4 x 50m	O*
	4 x 100m	X
	4 x 200m	Χ
Medley	4 x 50m	O*
	4 x 100m	X

^{*}Mixed relays will be swum as two male and two female competitors, competing in any order.



3.4 Swimming Victoria By Laws

Swimming Victoria By-Laws apply.

3.5 Safe Sport

The safety of children and young people in our sport is paramount. We want swimming to be fun, enjoyable and safe for all. Everyone within the swimming community has a role to play in ensuring that we keep our proud sport as safe and enjoyable as possible. Swimming Australia have developed a <u>Safe Sport Framework (SSF)</u> which governs our sport and replaces all previous child and member welfare policies, procedures and code of conduct. We must also be compliant under the Victorian Child Safe Legislation.

For further information please visit 'Rules & Policies' on the Swimming Victoria website.

3.6 Swim Costumes

In accordance with Swimming Victoria By-Law 8 – Competitions & Events 6. Costumes:

- 6.1 Swimming costumes worn by a Competitor shall comply with the FINA rules and any relevant SV rules regulations or policies unless otherwise provided by SV in the Competition Information.
- 6.2 Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions.

Please note: Swimmers who are 11-years of age or under are not eligible to compete in this competition 6.3 Only one costume may be worn in competition.

3.7 Medical Certificates & Taping

All competitors, parents and coaches need to be aware that Swimming Victoria enforces the FINA Rule relating to Medical Taping:

"SW 10.8 provides that any sort of tape on the body is subject to approval of the Sports Medicine Committee."

Swimming Victoria is implementing this rule in modified form in that we require a certificate from a medical professional (doctor, physio etc.) specifying why the taping is required.

The certificate must be presented to the Technical Director or Chief Referee of the competition BEFORE the swimmer wearing the taping begins competing at that competition. It need only be presented once for the duration of the competition.



The certificate must be dated and will be accepted by Swimming Victoria for 30 days

from the date of issue. The certificate should state that the swimmer is fit to swim and that the taping does not provide any competitive advantage to the swimmer.

The Technical Director will check that a certificate is presented and further that the taping does not provide any advantage to the competitor.

3.8 Emergency Contact Information

Service Service	Address	Suburb	Postcode	Phone	
		Suburb	Postcode		
Emergency – Ambulance, Police	e, Fire			000	
VIC Police Service				03 9247 6666	
Public Hospitals & Medical Cen	<u>tres</u>				
The Alfred	55 Commercial Road	MELBOURNE	3004	03 9076 2000	
Cabrini Hospital	181-183 Wattletree Road	MALVERN	3144	03 9508 1222	
The Royal Melbourne Hospital	300 Grattan Street	PARKVILLE	3050	03 9342 7000	
Epworth Richmond	89 Bridge Road	RICHMOND	3121	03 9426 6666	
Albert Park Sports & Spinal	36/44 Mills Street	ALBERT PARK	3206	03 9690 0457	
Albert Park Medical Centre	51 Dundas Place	ALBERT PARK	3206	03 9699 8044	
Private Hospitals					
The Avenue Hospital*	40 The Avenue	WINDSOR	3181	03 9529 7377	
St Vincent's Private Hospital	159 Grey Street	EAST MELBOURNE	3002	03 9928 6555	
*Does not offer 24-hour emergency					
<u>Pharmacies</u>					
Craven's Pharmacy	134 Bridport Street West	ALBERT PARK	3206	03 9690 5426	
Chemist Warehouse	310 Clarendon Street	SOUTH MELBOURNE	3205	03 9699 2042	
Victoria Avenue Pharmacy	51 Victoria Avenue	ALBERT PARK	3206	03 9690 5151	